

OPERATION FEED

WHO: You!

WHAT: COLLECTING NON-PERISHABLE FOOD ITEMS

WHEN: SUNDAY, MAY 11TH - MONDAY, JUNE 30TH

WHERE: UNITY CHURCH OF PRACTICAL CHRISTIANITY
9228 WALNUT GROVE ROAD IN CORDOVA

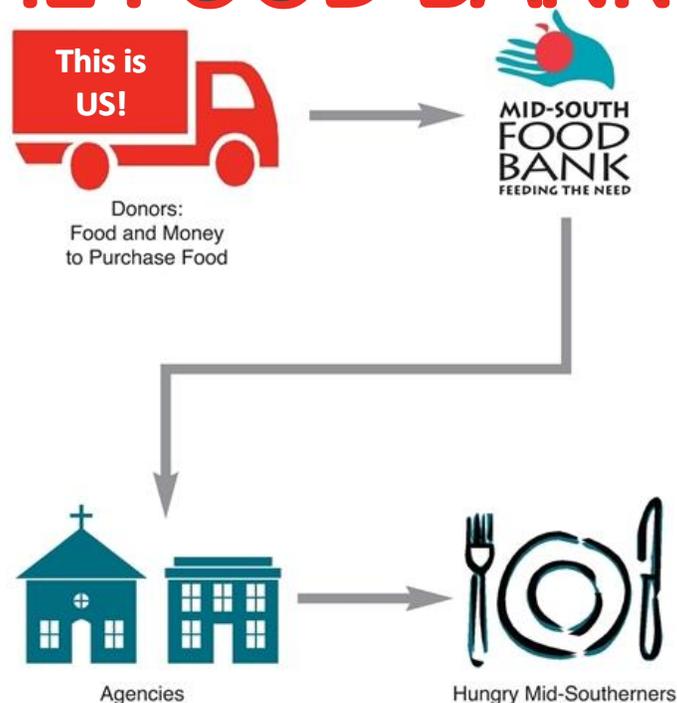
HOW: PICK UP AN EXTRA CAN OF PEAS OR BAG OF RICE ON YOUR NEXT SHOPPING TRIP, BRING IT TO CHURCH, PLACE IT ON THE CART IN THE FOYER!

WHY: The Mid-South Food Bank is a not for-profit organization that serves **more than 300 charitable feeding programs in 31** counties in west Tennessee, north Mississippi and east Arkansas.

These agencies include **food pantries, youth programs, soup kitchens, shelters, day care centers, residential programs, senior programs and rehabilitation programs.** Mid-South Food Bank also has two childhood feeding programs: Kids Cafe and the Food for Kids Backpack Program.

Food drives are important! **Mid-South Food Bank distributes about one million pounds of food a month. Almost ten percent of that food comes from community food drives.**

HOW THE FOOD BANK WORKS



Most Needed Items (List provided by Mid-South Food Bank)

Food Items

- Canned meats, including tuna, stews, chicken and dumplings, chili, Spam, soups
- Peanut butter
- Canned fruits
- Canned veggies
- Canned fruit juice
- Any non-perishable item (NO GLASS CONTAINERS, please)

Other Items

- DO NOT** mix food and non-food items together.
- Paper towels, plates, napkins, cups, plastic utensils
- Toilet paper
- Personal care items: toothpaste, shampoo, soap, deodorant
- Laundry and dish detergent
- Other cleaning products

(Keep this with your shopping list for quick reference.)

Some Numbers on Hunger in The Mid-South

168,500 different people seek emergency food from Food Bank member agencies every year.

More than 11% of those receiving assistance from the Food Bank's partner agencies are seniors over age 60.

20.5% of the 31-county Mid-South area is food insecure. That's 415,760 people.

23% of Mid-South children are food insecure. That's 121,610 children who do not know if they will eat today.

27% live above the poverty line and are not eligible for federal nutrition programs like food stamps.

84% report having to choose between buying food or paying utilities: heat or eat.

I am only one; but still I am one.

*I cannot do everything; but still I can do something;
and because I cannot do everything,*

I will not refuse to do the something that I can do.

Edward Everett Hale